

# Freeport Flash 5K Run / Walk

**Saturday June 3, 2017 9:00 AM**

*Registration 7:30 - 8:30 AM*

**COURSE:** Flat, Fast & Fun 5K course on the beautiful **Rails to Trails** along Buffalo Creek in Buffalo Twp.

**AWARDS:** Top 3 men; Top 3 women; Top 3 men and women in age groups: Under 12, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and up. No duplicate awards. **COURSE RECORD AWARD:** \$50 TO MALE AND/OR FEMALE THAT SETS A NEW COURSE RECORD! *Current Records: Male-16:37.0 Female-19:16.5*

**START/FINISH:** Intersection of Monroe Road & Butler-Freeport Community Trail, Buffalo Township

**DIRECTIONS:** From Pittsburgh / Kittanning – Take Rt. 28 to exit 17 (Butler/Freeport). Take Rt. 356 North less than 1 mile to intersection with Monroe Road (at Getgo & Sheetz stations). Right on Monroe Road, drive 1 mile to Oregon camp on left (parking & registration). From Butler – Rt. 356 South to intersection with Monroe Road (at Getgo & Sheetz stations). Left on Monroe Road, drive 1 mile to Oregon camp on left (parking & registration).

..... *Detach Here* .....

**STEP 1** **Runner information** (please print clearly)

NAME \_\_\_\_\_ SEX: **M F** SHIRT SIZE: **S M L XL XXL** AGE: \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_ E-MAIL \_\_\_\_\_

**Additional Runners (Same Family and address only)**

NAME \_\_\_\_\_ SEX: **M F** SHIRT SIZE: **S M L XL XXL** AGE: \_\_\_\_\_

NAME \_\_\_\_\_ SEX: **M F** SHIRT SIZE: **S M L XL XXL** AGE: \_\_\_\_\_

NAME \_\_\_\_\_ SEX: **M F** SHIRT SIZE: **S M L XL XXL** AGE: \_\_\_\_\_

**STEP 2 Waiver** I hereby for myself and any minor children named above, or my executors release Freeport Area School District; Freeport Area Cross Country Boosters; Race Committee; Buffalo Township; County of Butler; Butler – Freeport Rails to Trails, and all sponsors from all claims of injury, damage and courses of action whatsoever growing out of participation in this race, and hereby certify that I and any minor children named above are physically fit and permitted to participate in this race.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ \ \

**STEP 3** **Payment**

Age Group	Pre-Registration Fee	# of runners	Total
Over 18	<b>\$20.<sup>00</sup></b>		\$_____. <sup>00</sup>
Grades 9-12 <b>School Name:</b> _____	<b>\$15.<sup>00</sup></b>		\$_____. <sup>00</sup>
Grade 8 and under	<b>\$10.<sup>00</sup></b>		\$_____. <sup>00</sup>
<i>Optional Donation to Freeport Cross Country team ☺</i>			\$_____. <sup>00</sup>
<b>TOTAL</b>			<b>\$_____.<sup>00</sup></b>
<b>RACE DAY walk-in registration: \$5.<sup>00</sup> will be added to each of the fees above</b>			
<b>T-SHIRTS: Registration must be postmarked by May 15<sup>st</sup> for guaranteed T-shirt. Race Day – T-shirts while supplies last</b>			

Please make check payable to: *Freeport Cross Country Boosters*

Mail Application and check to:

Robert Livrone, 116 Arizona Dr., Lower Burrell, PA 15068

DO NOT mail applications after May 21, 2017. Bring application to the race.

Any questions please send an email to [n3wav@aol.com](mailto:n3wav@aol.com). Put 'Freeport Flash 5k' on Subject line